## Natural Health Solutions FOR MEN:

- Balding- This herbal program gets to the cause of balding.

  Stimulates hair growth and stops male pattern baldness: HSN-W \$19.90 + Phyto Soy \$34.15
- Prostate Problems- This herbal program is so effective in preventing and controlling prostate problems that it is being recommended by doctors:

  Saw Palmetto \$18.40 + PSII \$22.15
- Improve Sex Drive- This program gives you natural testosterone and increases circulation to stimulate sex drive: X-Action Reloaded \$58.45 + Mega Chel \$31.90
- Energy- Just like your car needs gas and oil, your body needs vitamins, minerals and glandulars to give you get-up and go: TR Vit/Min \$30.75 + Energ-V \$22.90
- Constant Urination- If you are urinating frequently during the day and having to get up several times during the night, this program is for you.

HY-C \$24.75 + Urinary Maint. \$21.40 Note: Also see the blood sugar program below, 1(or 2) Adrenal Support b/f bed

- Improve Circulation- To hands, feet, brain and everywhere:
  Butcher's Broom \$17.65 + Ginkgo/Hawthorn \$17.95
- Blood Sugar Diabetes or Hypoglycemia. These herbs feed, strengthen and cleanse the pancreas & adrenals to help them function properly:

  High Sugar: Pro-Pancreas \$23.25 + Juniper \$21.40
  Low Sugar: HY-A \$23.65 + Adrenal Support \$25.15

Insomnia & Nervousness-This program feeds the nervous system and soothes the autonomic nerves giving you an alert, energized feeling during the day with peaceful, restful sleep at night:

Herbal Sleep \$17.95 (night) + Nutri-Calm \$21.85 (day)

- Weight Loss- There is no trick to losing weight, or is there???

  If your thyroid, pituitary & adrenals do not function properly, you can almost starve and still gain weight.

  Thyroid Support \$26.95 + Adrenal Support \$25.15 OR Nature's Hoodia (reduce appetite) \$56.25 + SF \$22.15
- High Blood Pressure- This herbal program works by itself or with prescription meds to control blood pressure.

  Capsicum, Garlic & Parley \$16.90 (Alt.w/Mega-Chel)

  + Chinese Stress Relief \$26.95
- Athlete's Foot & Jock Itch Same problem, different part of the body, both caused by Candida or a yeast infection.

  Yeast/Fungal Detox \$19.90 + Pau D'Arco \$17.25
- Constipation What goes in, must come out every day.

  LBS II \$19.15 + Psyllium Hulls \$14.80
- Gout This is a classic case of the body being over acid.

  Get results in 3 days or less.

  Burdock \$23.25 + Hydrangea \$15.40 +

  Safflowers \$23.65
- Arthritis and Inflammation This program works!

  Joint Support \$22.90 + Skeletal Strength \$22.45

ASK FOR THE FLYER THAT CONTAINS 400
Herbal Remedies that REALLY WORK!!!

## Herbal Health Solutions FOR WOMEN:

- Hair Loss & Growth These herbal products stimulate hair growth, strengthens hair & nails and stops hair loss. HSN-W \$19.90 + Thyroid Support \$26.95
- Get Your Belly & Weight Off This 14-day herbal plan cleanses the colon and body, gives energy and reduces the desire for processed carbs. CLA \$51.70 Start with Dieter's Cleanse \$42.75 + 5-HTP Power \$28.45
- Energy This energy program addresses all the issues than can cause a lack of energy, well being and endurance.

  Energ-V \$ 22.90 + Cordyceps \$35.65
- Allergies No matter what your environmental allergy, cats pollen, molds, etc., this program removes catarrh and relieves sinus pressure.

  Sinus Support \$22.90 + Fenugreek & Thyme \$16.90
- Constipation & Cleansing These herbs help stimulate and regulate bowel movements & provide high fiber to deep cleanse the whole body. LBSII \$19.15 + Psyllium Hulls Bulk \$30.40
- Cramps & PMS Avoid the discomfort of cramps, pain and irregular cycles. (Take 10 days before cycle begins.)

  Cramp Relief \$31.15 + Female Comfort \$19.00
- Hot Flashes & Menopause When going through the change, the lack of hormones can cause problems, i.e. hot flashes, irritability & bone loss. Replace naturally: Flash Ease T/R \$22.90 + Pro-G-Yam Cream \$43.90

- Anemia/Low Iron This program provides natural iron and other nutrients needed for iron absorption.

  I-X \$16.45 + Liquid Chlorophyll 16 oz \$16.75
- Insomnia & Nervousness The nervous system needs
  nutritional support to keep you from being stressed
  and help you sleep better & deeper.
  Nutri-Calm \$21.85 (day) + Herbal Sleep \$17.95 (night)
- Water Retention & Kidneys Water retention can make you look 10 pounds heavier! Usually caused by the kidneys. Also corrects bags under the eyes. It works: Chinese Kidney Act. \$19.90 + Juniper Berries \$21.40
- Low Blood Sugar & Mood Swings If you have low energy, cravings for sweets/carbs and mood swings, try: HY-A \$23.65 + Chromium GTF \$12.40
- Candida/Yeast Infections More than 70% of all women have a problem with yeast infections. This program gets to the cause fast!

  Caprylic Acid \$18.75 + Pau D'Arco \$17.25

  (Also replace good bacteria with Probiotic 11 \$35.95)
- Improve Circulation-To hands, feet, brain and everywhere:
  Butcher's Broom \$17.65 + Ginkgo/Hawthorn \$17.95
- Varicose Veins This program works from nutritionally feeding/healing the veins from the inside out:

  Vari-Gone \$20.95 + High Potency Grapine \$43.90
- Better Sex: If low in testosterone & share: X-Action Reloaded \$58.45 Improve daily desire, add: Women's X-Action \$21.40

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