



Natural Alternatives to Opioids and Other Pain Killers

Relieving Pain without the Danger of Addiction and Other Side Effects

More than 130 people a day die from opioid-related drug overdoses. Opioids include prescription pain relievers, heroin and synthetic opioids such as fentanyl. The Centers for Disease Control and Prevention estimates that the total economic burden of *prescription* opioid misuse alone in the United States is \$78.5 billion a year.

In the late 1990s, pharmaceutical companies reassured the medical community that patients would not become addicted to prescription opioid pain relievers. They started being prescribed at greater rates and it soon became clear that they were addictive. Ordinary people, who would never consider using recreational drugs became addicted and the deaths from overdose began to rise. By 2017, an estimated 1.7 million people suffered from substance abuse disorders from prescription opioids.

Over-the-counter pain relieving medications are not without side effects either. Acetaminophen (sold under the trade name Tylenol®) is pretty safe for occasional use. However, many people take it regularly for chronic pain. Heavy use of acetaminophen is associated with kidney disease, bleeding in the digestive

tract, and increased risk of heart attack, stroke and high blood pressure.

People need relief from pain, so what's the answer? Fortunately, there are some natural ways to relieve pain that don't have these adverse, or potentially addictive and dangerous effects. Exploring these alternatives is the focus of this month's Herbal Hour.

We'll talk about the relationship between pain and inflammation and why the secret to long term pain relief is reducing inflammation. Then, we'll introduce you to some natural remedies that are effective at both reversing chronic inflammation and relieving pain, which means they don't just mask pain sensations, they actually help the body heal.

These remedies include CBD, which is a very powerful pain modulator and anti-inflammatory that is helping people find relief from pain who have been unable to find it before. We'll also look at the effects of turmeric, and it's powerful constituent curcumin, and their ability to ease pain and reverse inflammation. We'll also look at other herbs and essential oils that can help people safely relieve acute and chronic pain, as well as aids to overcoming opioid addiction.

Don't miss this important information.

Date:

Time:

Place:

For information call:



Get on the road to being pain free without potentially addictive or harmful drugs at this month's Herbal Hour.

High Quality Products with Ingredients Found in The Opioid Crisis

Anti-Inflammatory Pain Formula

IF Relief 1175

Andrographis whole plant extract, Boswellia gum extract, Mangosteen pericarp extract, Turmeric root extract and White Willow bark extract

Antioxidant Blend

Super Antioxidant 1825

Turmeric root, Rose hips, Milk Thistle seed, Tocotrienols, Lycopene and Alpha Lipoic Acid

Super ORAC 808

Green Tea leaf, Mangosteen pericarp, Turmeric root extract, Apple fruit, Açai berry, Quercetin, Resveratrol and Selenium (selenomethionine)

Thai Go 4195

Mangosteen fruit & pericarp, Grape fruit & skin extracts, Blueberry fruit, Red Raspberry fruit, Lycium fruit extract, Açai berry, Pomegranate fruit, Sea Buckthorn fruit, Grape seed extract, Green Tea leaf extract and Apple fruit extract

CBD Topical Analgesic Formula

Relief CBD Cream

Methyl Salicylate, Caprylic Capric Triglyceride, Shea Butter, Cetearyl Glucoside, Cetearyl Alcohol, Eucalyptus essential oil, Menthol, Camphor essential oil, Hemp (CBD extract), Aloe vera leaf juice, Rosemary leaf extract, Arnica extract, Tapioca starch, Glycerin, Xanthan Gum, Capriylhydroxamic Acid, Glyceryl Caprylate and Citric Acid

Electrolyte Drink Powder

Solstic Revive 6507

Vitamin C (ascorbic acid), Vitamin E (d-alpha-tocopherol acetate), Vitamin B-1 (Thiamine), Vitamin B-2 (Riboflavin), Vitamin B-3 (Niacin), Vitamin B-6 (Pyridoxine) (pyridoxine HCl), Vitamin B-12 (cyanocobalamin), Pantothenic Acid (d-calcium pantothenate), Calcium, Magnesium (gluconate), Sodium, Potassium (citrate), Glucosamine (hydrochloride), Inulin, D-Ribose, Grape skin extract, Pomegranate fruit juice concentrate, L-Carnitine, Glycine, Taurine, Fructose, Citric Acid, natural citrus sweetener (oligofructose, fructose, pea protein, natural flavor), Sea Salt, natural lemon and strawberry flavor and Stevia leaf extract

Hemp Oil with Terpenes

Qemp Zero Peppermint

Hemp seed oil, Turmeric root extract, Peppermint essential oil, Ginger root oil and Mixed tocopherols

Topical Analgesic Lotion

Tei Fu Recovery Massage Lotion 21913

Camphor, Menthol, Methyl Salicylate, Eucalyptus essential oil, Sweet Almond oil, Peppermint essential oil, Clove essential oil, Ginger root oil and Arnica flower extract

For more information about these formulas and how to obtain them contact: