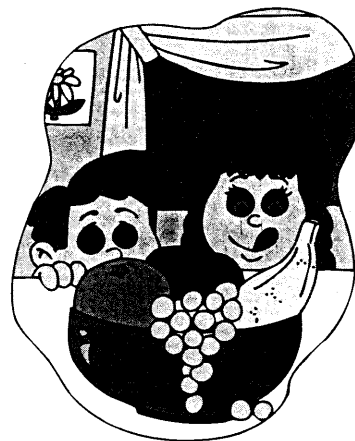


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Believe it or Not...

# Some Sugars are Actually Good for You!

☛ Discover the eight essential sugars that can support your immune system, improve your mood and benefit your health!



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## **Continued from page 3**

beneficial polysaccharides including short-chained oligosaccharides, arabinogalactans, beta glucans, glucosamine sulfate and various gums—tragacanth gum, ghatti gum and guar gum.

Glyco Essentials helps build the glycoproteins and glycolipids needed for cellular communication and supports the immune system. Getting these beneficial sugars may also reduce sugar cravings.

### **Aloe Vera**

Aloe vera contains mannose molecules joined together to form a polysaccharide called acemannan which is a beneficial compound when stabilized. It has many uses including healing skin conditions, ulcers, arthritis, cancer and other chronic diseases. It also has the

ability to enhance immune system cellular communication as well as cellular communication involved in cell growth and repair.

### **Immune Stimulator**

Rich in beneficial polysaccharides, Immune Stimulator aids the function of the immune system. It is especially beneficial to the lymphatic glands of the intestinal tract (Peyer's patches). It contains beta glucans, arabinogalactans and oligosaccharides which both stimulate and regulate the immune response.

### **SC Formula**

This blend contains shark cartilage and reishi mushrooms. Both of these substances contain beneficial sugars that aid the immune system. The blend may be helpful for chronic inflammation, as is found in arthritis. It has also been used for cancer.